

Promotes  
calming and  
self-regulation

Builds fine  
motor skills

Creative  
skills

Social  
Skills when  
done in  
groups

Visual  
learning

Provides  
tactile learning  
experiences

Builds on  
Cognitive  
Abilities

Enhances  
tactile learning  
experiences

# SENSORY PLAY

Promotes  
experimentation  
and hypothesising -  
scientific concepts  
in play

Language  
Development to  
describe what is  
happening or what  
they are feeling

Promotes  
curiosity

Fosters  
children's  
natural  
curiosities

Kinaesthetic  
learning

Physical  
development

Teaches  
cause and  
effect