

Promotes
calming and
self-regulation

Builds fine
motor skills

Provides
sensory
input

Provides
tactile learning
experiences

Visual
learning

Social
Skills when
done in
groups

Creative
skills

Enhances
tactile learning
experiences

SENSORY PLAY

Builds on
Cognitive
Abilities

Promotes
experimentation
and hypothesising -
scientific concepts
in play

Language
Development to
describe what is
happening or what
they are feeling

Promotes
curiosity

Kinaesthetic
learning

Physical
development

Teaches
cause and
effect

Fosters
children's
natural
curiosities