



MAKE YOUR OWN ICE PAINT

WHAT IS NEEDED:

Ice cube tray

Water

Food colouring

Popsicle sticks

Scissors

INSTRUCTIONS:

1. Fill the ice cube tray with water. Allow the water to fill each ice cube section $\frac{3}{4}$ of the way to the top.
2. Add in one drop of your choice of food colouring to each ice cube section.
3. Cut popsicle sticks in half. Place the flat (cut) end of the popsicle stick inside the ice cube section submerging part of it into the water.
4. Using the popsicle stick then mix around the water and food colouring inside each ice cube section.
5. Leave the popsicle stick to rest inside the ice cube section.
6. Place the ice cube tray into the freezer allowing to set over night.
7. The next day retrieve the ice cube tray out of the freezer and place out for the children to use.
8. Children can then pop out the ice cubes using the popsicle sticks as handles to paint.



Children First
Early Education