



## MAKE YOUR OWN KINETIC SAND

### WHAT IS NEEDED:

Food colouring  
2 x Mixing bowl  
Whisk  
Measuring cup  
Tbsp

1 cup baking soda  
1/2 cup of sugar  
1/2 cup of cornflower  
1 Tbsp of cream of tartar  
1/4 cup of water

### INSTRUCTIONS:

1. Place baking soda, sugar, cornflower and cream of tartar together in a mixing bowl. Mix well with a whisk.
2. Add few drops of food colouring to the water in a separate mixing bowl.
3. Slowly add the wet ingredients to the dry ingredients and mix together with a whisk.  
Add wet ingredients tbsp by tbsp until you get the correct texture.
4. The ingredients should clump together to form a fluffy texture. If it doesn't then add another tbsp of water and whisk again. Continue this until it is fluffy.
5. Once it is fluffy and you are happy with the texture place in a sensory tray for the children to use.



Children First  
Early Education