

The 6 Stages of Play

Source: pathways.org

Unoccupied Play

0-3 months

When baby is making movements with their arms, legs, hands, feet, etc. They are learning about and discovering how their body moves.



Solitary Play

0-2 years

When a child plays alone and are not interested in playing with others quite yet.



Spectator / Onlooker Behaviour

2 years

When a child watches and observes other children playing but will not play with them.



Parallel Play

2+ years

When a child plays alongside or near to others but does not play with them.



Associate Play

3-4 years

When a child starts to interact with others during play, but there is not much cooperation required.

For example, kids playing on the playground but doing different things.



Cooperative Play

4+ years

When a child plays with others and has interest in both the activity and other children involved in playing.

