

YOUR WORDS MATTER

INSTEAD OF... ... TRY...



Stop Crying ... It's okay to cry



Do I need to separate you? ... Could you use a break?

It's not that hard ... You can do hard things

I explained how to do this yesterday ... Maybe i can show you another way



We don't talk like that ... Please use kind words

What a mess! ... It looks like you have had fun!
How can we clean up?



Be Quiet ... Can you use a softer voice?

You're OK ... I'm here to help if you need me



Do you need help? ... How are you feeling?

Do you have any questions ... What questions do you have