



# MORE THAN JUST PLAY



**MAKES CHILDREN  
CREATIVE;**  
They use their  
imagination

**HELPS FOCUS;**  
Children learn to pay attention closer

**MAKE FRIENDS;**  
Children practice  
turn-taking and  
playing fair

**MAKES CHILDREN  
STRONG;**  
Running and jumping  
helps bodies grow

**TEACHES  
FEELINGS;**  
Helps children  
understand  
emotions of  
their own  
and others  
around them

**HELPS SOLVE PROBLEMS;**  
Children learn to figure things out

**BUILDING TALKING SKILLS;**  
Children learn new words



**REDUCES STRESS;**  
Children feel calmer and happier



**BUILD CONFIDENCE;**  
Trying new things makes  
children feel good

